



## Outdoor Policy

### Statement of intent

At Westside Day Nursery we believe being outdoors has a positive impact on children's health and well-being and helps all aspects of development. The outdoor environment offers children the freedom to explore using all their senses and allows the children to be physically active and exuberant.

### Aim

It is our aim to provide the children with opportunities to do things on a different scale and to challenge their thinking and abilities in a safe and managed environment.

### Method

- The outdoor area and all equipment are risk assessed to promote a safe environment.
- All outdoor areas are surrounded by high fencing and locked gates and are not accessible to the general public.
- The outdoor areas and equipment are checked for safety before any children are allowed outside
- All our rooms have direct access to outdoor areas
- Our doors are open continually throughout the day to all free flow, except for the baby rooms if the weather is cold to protect smaller babies inside
- We provide waterproof protective clothing for all the children
- Parents are requested to provide suitable clothing for the weather conditions.
- Parents are requested to provide their own sun cream in hot weather in case of allergies.
- Staff members are aware of where the children are and ratio's indoors and outdoors are altered accordingly.
- When returning indoors staff check the nursery garden to ensure that no children have been left outside
- Parents and Carers are reminded that if they feel their child is not well to participate in outdoor play then they are not well enough to be at nursery, all children need fresh air and the opportunity to move around freely in the outdoor environment. Staff ensure children are dressed appropriately for the weather.

### History

Rev.no.	Date	Description of revised issues
1	30/11/2016	Initial Revision
2-7	01/08/2022	No changes to content.
8	01/08/2023	No changes to content.

This policy has been approved and authorised by:

Author	Approved By	Authorised By	Revision No.	Valid From
Vicky Gray	Vicky Gray	Sarah Russell	8	01/08/2023

This document has been electronically approved; hence it contains no signature(s).